

مختبر مكافحة
المنشطات قطر
Anti Doping
Lab Qatar

ISSUE 02
JAN - MARCH 2025

ADLQ NEWSLETTER



NEWS



ACTIVITIES



UPCOMING
EVENTS



RECOGNITION &
ACHIEVEMENTS



STAFF IDEAS



Qatar Ambassador in UK visited BOT Chair's COMI in UCL



His Excellency Ambassador Extraordinary and Plenipotentiary to the United Kingdom and Northern Ireland Shaikh Abdulla bin Mohammed Al Thani visited UCL's Center for Metabolism and Inflammation, led by Qatari Professor Mohammed Al Maadheed.

He was briefed on research advancements, training for Qatari Professionals, and discussed enhancing Qatar-UK cooperation in medical research. He expressed pride in Prof. Al Maadheed's leadership and acknowledged his contributions.



**Mabrook
Dr. Maneera!**



WADA's approval to appoint Dr. Maneera Al-Jaber as lab Director

Prof. Mohammed Al-Maadheed has announced appointing Dr Maneera Al-Jaber as ADLQ's new Laboratory - Director & Director – APMU, effective April 1 2025, following approval from WADA on March 6th, 2025.

We congratulate Dr. Al-Jaber on her well-deserved appointment and wishing her success in this new role.



الدِّيَّوَانُ الْأَمِيرِي

Amiri Diwan

دولة قطر • State of Qatar

Inclusion of new method in Scope of testing

ADLQ has successfully extended its Scope of testing for IRMS Section after desktop surveillance for 19-Norandrosterone IRMS method by WADA and NATA, Australia. ADLQ is now equipped to perform identification of origin of 19-Norandrosterone in human urine, this test was previously subcontracted to another WADA laboratory in case of any findings.

ADLQ progress report shared with Amiri Diwan

ADLQ shared its progress report for the period of June to December 2024 with the Amiri Diwan, outlining key initiatives and achievements. This submission reflects ADLQ's commitment to transparency and continuous development in its operations.



Activating the “Working from Home Protocol” starting from Ramadan.

ADLQ has started implementing the working from home system with flexible hours on admin staff, supported by rules and regulations to ensure productivity and communication. This system allows employees to balance work and personal life while maintaining efficiency.





NEWS

JANUARY – MARCH, 2025



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Quality Manager of the South African Doping Control Laboratory visits ADLQ and colleagues from the Thailand Lab

The scientists from ADLQ lab successfully trained the Quality Manager of the South African Doping Control Laboratory and welcomed colleagues from the Thailand Lab, enhancing their expertise in the field. During their visit, they also enjoyed a short tour of Doha, exploring the city's culture and landmarks. The trip was both educational and memorable for the team, combining professional growth with leisure.



Welcoming the Moroccan Delegation

ADLQ warmly welcomed the Moroccan delegation, from the Mohammed VI Foundation of Science and Health's Anti-Doping Laboratory, a WADA ABP candidate laboratory, recently visited the Anti-Doping Lab Qatar (ADLQ) to establish connections and exchange valuable expertise in anti-doping testing. This collaboration highlights ADLQ's commitment to enhancing regional efforts in the fight against doping in sports.



ACTIVITIES

JANUARY – MARCH, 2025

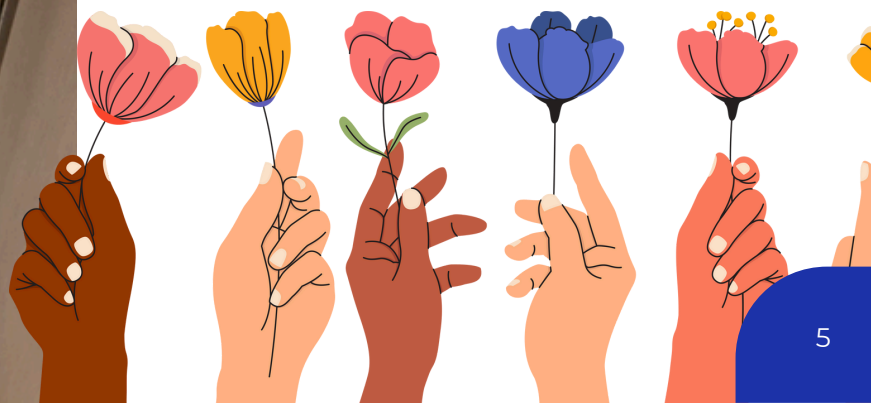
TMD Weekly Seminars

The Talent Management Department at ADLQ recognizes continuous learning and skill development as essential to the organization's shared success. The department is committed to fostering a culture of growth and innovation, empowering individuals to expand their knowledge and expertise.



International Women Day

ADLQ celebrated International Women's Day by giving away gift packs filled with cosmetic items to the women of ADLQ. The thoughtful gesture was appreciated by all, and everyone enjoyed the special treat.





National Sports Day February 2025

The ADLQ staff participated in a walk at Aspire Park as part of the National Sports Day celebrations, embracing the spirit of fitness and wellness. It was a refreshing and enjoyable activity, fostering team bonding and promoting a healthy lifestyle.





ADLQ Corporate Value Program – The Value of Discipline

ADLQ launched the value of discipline as part of its corporate values program, featuring a series of activities and communications to emphasize its importance. Discipline is one of ADLQ's key corporate values, and this initiative aimed to reinforce its significance within the organization.





ADLQ Ghabga – Ramadan 2025

ADLQ celebrated Ramadan by gathering staff for a traditional "ghabga," a meal enjoyed between iftar and suhoor. Staff and their families came together to share in the festive spirit, enjoying delicious food and warm company. It was a memorable event that strengthened bonds and marked the holy month with joy.





ACTIVITIES

JANUARY – MARCH, 2025



ADLQ Garangaoh

ADLQ celebrated Garangaoh - which is a middle of Ramadan tradition that is widely celebrated by children across Qatar and the Gulf region. On this night, children walk around their neighborhoods singing traditional songs that mark the occasion and receive gifts and bags of sweets from their elders. ADLQ celebrated the occasion the traditional way and was enjoyed by everyone.



قرنقعوه
قرقاعوه





ACTIVITIES

JANUARY – MARCH, 2025



Activating Tea with GM

"Tea with GM" is an informal meeting where staff can share their thoughts, ideas, and concerns with the General Manager. It encourages open communication and strengthens the connection between employees and leadership.



Ramadan Blessings

A small gathering was held after prayer, where Dr. Murad spoke about the blessings of Ramadan and its significance. The session provided a meaningful reflection on the values and spiritual importance of the holy month.





UPCOMING EVENTS

JANUARY – MARCH, 2025



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Anti Doping
Lab Qatar



NATA Assessment (May):

This is a pivotal moment for ADLQ, as it marks our accreditation renewal. The assessment will be from **18 May to Tuesday, 20 May 2025**. Let's all get ready to showcase our skills, expertise, and our commitment to meeting the highest standards.

BOT Meeting (30th June):

The Board of Trustees (BOT) meeting on **June 30th** is a significant event to review ADLQ's performance and receive guidance. It's important that we're well-prepared to present the best of what we've accomplished.

Board of Trustees (BOT)

Professor Mohammed Al-Maadheed
Chair

Director General of Naufar Hospital
Director of the Centre of Metabolism and Inflammation, Division of Medicine, University College London.

Professor Mariam Ali Al-Maadheed
Vice Chair

Vice President for Research and Graduate Studies, Qatar University.

Professor David Lomas
Member

Professor of Medicine, University College London (UCL)

Dr Mohammed Al-Haifi
Member

Former Minister of Health of Kuwait
General Laparoscopic and Bariatric Surgery
Honoring the league of Arab states for Arab Achiever

Mr Ibrahim Al-Daheimi
Member

Director General of the Regulatory Authority for Charitable Activities (RACA), as of 2017

Professor Vidya Mohamed-Ali
Member

Deputy, Department of Inflammation and Rare Diseases, Division of Medicine, Royal Free Hospital Campus, University College London (UCL)

Professor Alka Beotra
Member

Former Lab Director Anti-Doping Lab Qatar & Qatar APMU Director
Former Director, National Dope Testing Laboratory, India

Ms Fatima Al-Hatimy
Secretary, BoT

✉ Fatima.Alihatimy@naufar.com

Prof of Eminence, Guru Nanak Dev University, Amritsar



Qatar Government Excellence Award Application (June):

We'll be submitting our application for the Qatar Government Excellence Award this **June**. It's an excellent opportunity to highlight the great work we're doing. Everyone's dedication and effort are needed to ensure that our submission stands up.



Farewell Party for Dr. Alka Beotra

Dr Alka Beotra joined ADLQ on April 2017, as Risk and Quality Manager. In December 2018, she got additional position as Director, QABL. March 1, 2022 she was appointed DAL Director. In March 2023, both DAL and QABL got merged as Anti-Doping Lab Qatar and she continued as Lab Director from 2022 to 2025.

She is retiring on April 1st, 2025, and will continue with ADLQ as Member, Board of Trustees. Dr. Alka you will be missed !



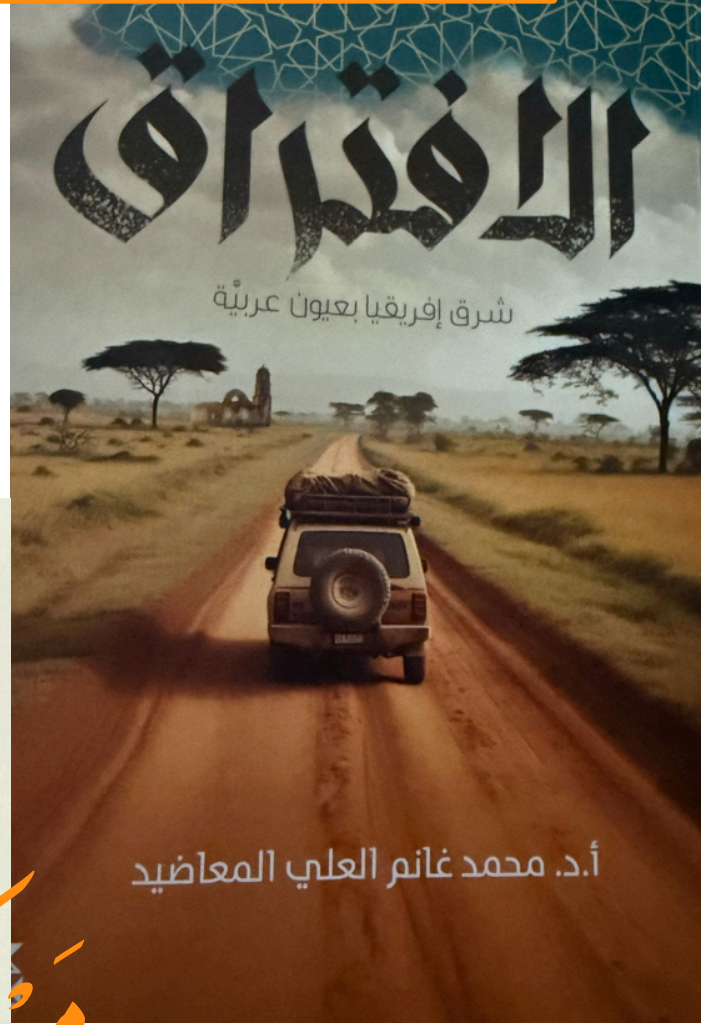


RECOGNITION & ACHIEVEMENTS

JANUARY – MARCH, 2025

Professor Mohammed's first book

We would like to extend our sincere congratulations to Prof. Mohammed Al-Maadheed, our esteemed Chairman, on the publication of his book. The book was prominently featured at the most recent Qatar Book Fair.



مكتبة

The launch of Dr. Fawzi's book

ADLQ congratulated Dr. Fawzi Oussedik on the release of his book "Qatari Constitutional Institutions According to the 2004 Constitution."

Congratulations on the publication of the book, and we wish you continued success in the future!



زيارة الأستاذ الدكتور فوزي أوسديك



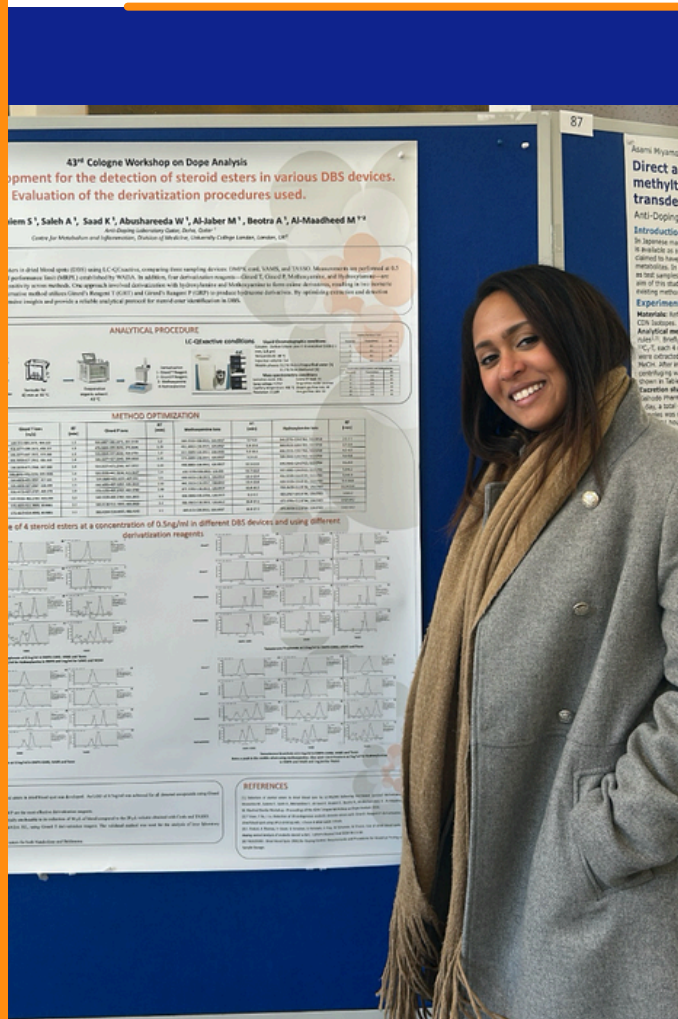
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JANUARY – MARCH, 2025

ADLQ Scientists' Participation in WADA and Cologne Workshops.

ADLQ scientists recently attended the MDI Cologne Workshop, WADA APMU and ERAs Analysis Workshops, and the WAADS meeting, engaging with global leaders in anti-doping science. Noor Al-Naimi presented on detecting turkesterone in supplements and urine, while Dr. Konduru Sastry introduced camelid VHH nanobodies for EPO detection. ADLQ also showcased advances in peptide and steroid analysis, contributing to the development of more sensitive and accurate detection methods in doping control.

Well done!





Staff Ideas Digital Platform

Scan the QR Code below and feel free to add your suggestions, thoughts and ideas!

